

THE UNITED STATES PONY CLUBS, Inc.

The Kentucky Horse Park • 4041 Iron Works Pike • Lexington, KY 40511 • (859) 254-PONY (7669)



"C-2" DRESSAGE TEST SHEET

Candidate's name _____

Address _____

Name of Pony Club/Riding Center _____

District Commissioner/Center Administrator _____ Region _____

NOTE: Before beginning test, Examiners must read "Guidelines for Club/Center Certifications – D-1 through C-2" and the C-2 Standard of Proficiency (SOP), including "Information for D Candidates," "Testing Information," and "Examiners." Examiner must have copy of the SOP with them during test to include Cavaletti chart. Examiner comments must give specific reasons if a candidate does not pass any phase. Examiner may ask questions from previous Standard tests.

RIDING TEST EXPECTATIONS: Candidate should understand the purpose of USEF First Level and ride with confidence and control on the flat, demonstrating a secure balanced position and progress toward a more independent hand with a coordinated use of leg, seat and hands (aids) while riding figures and movements from USEF First Level dressage tests, over cavalettis and in the open. The candidate should begin to initiate free forward movement, establishing balance, rhythm, and thrust while developing a steady connection from the leg and seat to the reins, and have basic understanding of the USDF Training Scale.

RIDING ON THE FLAT	
WARM UP	
<ul style="list-style-type: none"> Demonstrate warm-up for flat work including rider exercises. Discuss the meaning of the Riding Expectations (see above). Ride consistently demonstrating Riding Test Expectations. 	<div style="border: 1px solid black; padding: 5px;"> ____ ES ____ DNMS ____ MS </div>
<ul style="list-style-type: none"> Discuss candidate's warm-up for both rider and mount with Examiner using the following terms: Rhythm, Relaxation, Impulsion, Tempo, Connection, Bending, Calm and Accurate Transitions. 	<div style="border: 1px solid black; padding: 5px;"> ____ ES ____ DNMS ____ MS </div>
MOVEMENTS	
<ul style="list-style-type: none"> Demonstrate all figures and movements found in USEF Training and First Level dressage tests, and USEF First Level Rider test. Demonstrate increase and decrease of length of stride at trot and canter with clear transitions. 	<div style="border: 1px solid black; padding: 5px;"> ____ ES ____ DNMS ____ MS </div>
<ul style="list-style-type: none"> Discuss why a stretching circle is important and demonstrate a 20-meter stretching circle at the posting trot. Demonstrate a loop at the trot. 	<div style="border: 1px solid black; padding: 5px;"> ____ ES ____ DNMS ____ MS </div>

KEY: ES = Exceeds Standard MS = Meets Standard DNMS = Does Not Meet Standard

<ul style="list-style-type: none"> Demonstrate work on the center line or quarter line to develop straightness. 		<p>___ES ___DNMS ___MS</p>
<ul style="list-style-type: none"> Ride mount without stirrups at all gaits. 		<p>___ES ___DNMS ___MS</p>
<ul style="list-style-type: none"> Discuss aids for and then demonstrate a rein back (2-3 simple steps back). 		<p>___ES ___DNMS ___MS</p>
<ul style="list-style-type: none"> Demonstrate leg yield of choice at walk and/or trot in both directions. Demonstrate turn on the forehand. 		<p>___ES ___DNMS ___MS</p>
<ul style="list-style-type: none"> Discuss performance with Examiner including the rider's position, and whether mount was moving freely forward in a balanced rhythm and thrust appropriate to First Level, and maintaining a clear rhythm and steady tempo in all three gaits while developing suppleness and elasticity and a steady connection. Discuss crookedness vs straightness. Discuss differences in position and stirrup length for riding on the flat, riding over fences and riding in the open. 		<p>___ES ___DNMS ___MS</p>

RIDING TEST

<ul style="list-style-type: none"> Bring a hand drawn diagram of USEF First Level test 2, or the USEF First Level Rider Test that will be ridden by candidate. Discuss goals for the test, and preparation for movements referencing the Training Scale. 		<p>___ES ___DNMS ___MS</p>
<ul style="list-style-type: none"> Perform USEF First Level test 2, or the USEF First Level Rider Test. Discuss performance with Examiner including the rider's position, and whether mount was moving freely forward in a balanced rhythm and thrust appropriate to First Level, while maintaining a clear rhythm in all three gaits and developing suppleness and elasticity and a steady connection. 		<p>___ES ___DNMS ___MS</p>

**RIDING OVER GROUND
POLES/CAVALETTI**

- Discuss safe distances for cavaletti at walk, trot and canter.
- Ride at the walk and trot over 4-6 trot poles/cavaletti, maintaining a balanced position while posting, sitting and in two point position.
- Canter over single poles or cavaletti.
- Ride over 3-5 trot poles/cavaletti followed by an elevated trot pole or raised cavaletti not to exceed 12" in height.

_____ES	_____DNMS
_____MS	

- Discuss performance with Examiner, including whether rhythm was maintained throughout.

_____ES	_____DNMS
_____MS	

RIDING IN THE OPEN

- Ride safely and considerately on public or private land (open field or open space) over varied terrain, in a group, at the walk, working trot, canter (approximately 350 mpm), if terrain and conditions are appropriate.

_____ES	_____DNMS
_____MS	

- Discuss different stirrup lengths and riding positions for riding in the open.
- Discuss ways to control a mount in the open.
- Discuss benefits of riding in the open.
- Discuss performance with Examiner giving reasons for any disobediences.

_____ES	_____DNMS
_____MS	

COMMENTS (General impressions, suggestions for improvement):

SIGNATURE: _____

ES _____ MS _____ DNMS _____ PRINT EXAMINER NAME: _____ DATE: _____

Sections requiring retesting:
(up to total of three)

A candidate may be re tested as follows:

- This test has a total of 15 sections.
- Retest to cover *not more than* three sections of the test.
- A candidate may retest only if the candidate qualifies for a retest by passing the minimum number of sections stated on the test sheet and the original Examiner has recommended the candidate to retest. Those testing during the current year have until December 1st of the following year to retest. Candidates must arrange for retests through their DC/CA.
- Failure of any section on that day will require retaking entire test.
- Retest must be recommended by original Examiner.

ES _____ MS _____ DNMS _____

SIGNATURE: _____ DATE: _____
(Examiner for portions retested)