

# THE UNITED STATES PONY CLUBS, Inc.

The Kentucky Horse Park • 4041 Iron Works Pike • Lexington, KY 40511 • (859) 254-PONY (7669)



## "D-3" DRESSAGE TEST SHEET

Candidate's name \_\_\_\_\_

Address \_\_\_\_\_

Name of Pony Club/Riding Center \_\_\_\_\_

District Commissioner/Center Administrator \_\_\_\_\_ Region \_\_\_\_\_

**NOTE:** Before beginning test, Examiners must read "Guidelines for Club/Center Certifications – D-1 through C-2" and the D-3 Standard of Proficiency (SOP), including "Information for D Candidates," "Testing Information," and "Examiners." Examiner must have copy of the SOP with them during test to include Ground Poles/Cavaletti chart. Examiner comments must give specific reasons if a candidate does not pass any phase. Examiner may ask questions from previous Standard tests.

**RIDING TEST EXPECTATIONS:** Candidate should ride in a basic balanced position with control at the medium and free walk, working trot, and working canter. Candidate should maintain a secure base of support while developing balanced rhythm and relaxation (See USDF Training Scale) with their mount.

<p><b>RIDING ON THE FLAT</b></p> <ul style="list-style-type: none"> <li>Demonstrate correct mounting (using mounting block if necessary).</li> <li>Adjust stirrups and girth with feet in the stirrups while mounted at the halt.</li> <li>Shorten and lengthen reins at halt, walk and trot.</li> </ul>	<div style="border: 1px solid black; padding: 5px; width: fit-content; float: right;">                 ____ ES                  ____ DNMS                  ____ MS             </div>
<p><b>WARM UP</b></p> <ul style="list-style-type: none"> <li>Demonstrate mount's warm-up routine for everyday work under Examiner supervision.</li> <li>Perform balancing and suppling exercises for rider at medium walk and working trot.</li> <li>Ride without stirrups at the working trot sitting.</li> <li>Discuss warmup and rider's position in relation to balance.</li> </ul>	<div style="border: 1px solid black; padding: 5px; width: fit-content; float: right;">                 ____ ES                  ____ DNMS                  ____ MS             </div>
<p><b>MOVEMENTS</b></p> <ul style="list-style-type: none"> <li>Ride mount on the flat demonstrating 20 meter circles, diagonals, halt on centerline, showing correct riding positioning of bend in both directions at walk, at sitting and rising working trot with correct diagonals and at the working canter with correct leads.</li> </ul>	<div style="border: 1px solid black; padding: 5px; width: fit-content; float: right;">                 ____ ES                  ____ DNMS                  ____ MS             </div>
<ul style="list-style-type: none"> <li>Demonstrate increase and decrease of length of stride either alone or with others, as appropriate.</li> </ul>	<div style="border: 1px solid black; padding: 5px; width: fit-content; float: right;">                 ____ ES                  ____ DNMS                  ____ MS             </div>

**KEY: ES = Exceeds Standard                      MS = Meets Standard                      DNMS = Does Not Meet Standard**

<ul style="list-style-type: none"> <li>Demonstrate passing others safely while riding in an arena at the walk and trot.</li> </ul>		____ES ____DNMS ____MS
<ul style="list-style-type: none"> <li>Demonstrate a halt, followed by a simple step back.</li> </ul>		____ES ____DNMS ____MS
<ul style="list-style-type: none"> <li>Discuss performance with examiner, including rider's basic balanced position, and whether or not circles were round and correct size, and natural aids were used correctly.</li> </ul>		____ES ____DNMS ____MS

**RIDING TEST**

<ul style="list-style-type: none"> <li>Bring diagram to USDF Training Level Test 1 or 2.</li> <li>Discuss goals for the test.</li> <li>Perform USDF Training Level Test 1 or 2.</li> <li>Discuss performance with Examiner relative to the purpose of the test and the Collective Marks.</li> </ul>		____ES ____DNMS ____MS
---	--	------------------------------

**RIDING OVER GROUND POLES/CAVALETTI**

<ul style="list-style-type: none"> <li>Discuss differences in position and stirrup length for riding on the flat, riding over fences and riding in the open.</li> <li>Ride over 3-4 trot poles, maintaining a balanced position, trot and two-point position.</li> <li>Ride over 3-4 trot poles, followed by an elevated trot pole or raised cavaletti up to 6".</li> <li>Canter over a single ground pole.</li> <li>Discuss performance and reasons for disobedience.</li> </ul>		____ES ____DNMS ____MS
---	--	------------------------------

**RIDING IN THE OPEN**

<ul style="list-style-type: none"> <li>Ride safely and considerately on public or private property (open field or open space), over varied terrain, in a group, at the walk, trot and canter.</li> <li>Discuss ways to control mount in the open.</li> </ul>		____ES ____DNMS ____MS
--	--	------------------------------

COMMENTS (General impressions, suggestions for improvement):

Four horizontal lines for writing comments.

SIGNATURE:

Horizontal line for signature.

ES \_\_\_\_\_ MS \_\_\_\_\_ DNMS \_\_\_\_\_ NAME OF EXAMINER: \_\_\_\_\_ DATE: \_\_\_\_\_

Sections requiring retesting: (up to total of two)

Five horizontal lines for listing sections requiring retesting.

**A candidate may be re tested as follows:**

- This test has a total of 10 sections.
- Retest to cover *not more than* two sections of the test.
- A candidate may retest only if the candidate qualifies for a retest by passing the minimum number of sections stated on the test sheet and the original Examiner has recommended the candidate to retest. Those testing during the current year have until December 1st of the following year to retest. Candidates must arrange for retests through their DC/CA.
- Failure of any section on that day will require retaking entire test.
- Retest must be recommended by original Examiner.

ES \_\_\_\_\_ MS \_\_\_\_\_ DNMS \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

(Examiner for portions retested)